Curriculum Vitae for Dean Howell N.D.

Education:

Graduated Everett High School- Everett, WA 1971

Attended Immaculate Heart College (Mathematics)- Hollywood, CA 1971-1975

Attended Everett Community College (Pre-Med)- Everett, WA 1976-1977

Attended University of Washington (Pre-Med)- Seattle, WA 1977-1978

Graduated B.A. Mathematics

Attended Bastyr University, John Bastyr College of Naturopathic Medicine- Seattle, WA 1978-1982

Graduated N.D. (Naturopathic Physician)

Licensed as an N.D. - State of Washington 1982

Private Post-Graduate Studies:

James D'Adamo, ND, DC (Blood-type diet, Naturopathic nutritional therapies and iridology.)

Harold Dick, ND, DC (Hydrotherapy)

T. Galen Hieronymus, Ph.D. (Radionics and eloptic field analysis)

J. Richard Stober, DC, ND (Bilateral nasal specific technique of balloon-assisted cranial manipulation)

Gary Sinclair, D.D., Ph.D. (Cyberphysiology)

Professional Experience:

Family practice naturopathic medicine at Everett Naturopathic Clinic- Everett, WA 1982-1989

Part-time faculty at Bastyr College of Naturopathic Medicine

Ear, Nose, and Throat Therapeutics 1984-1986

The Basics of Bilateral Nasal Specific Technique 1985-1986

NeuroCranial Restructuring (introductory lecture) 1999

Co-Chair, Northwest Naturopathic Convention May 1987

Lecturer: American Association of Naturopathic Physicians Convention

Master Class: "Bilateral Nasal Specific Technique" Rippling River, OR October 1989 Physical Medicine therapist at Everett Naturopathic Clinic- Everett, WA 1989-1993

Lecturer: the Summit Conference on Chronic Fatigue

"The Nasal Specific Technique and Chronic Fatigue" Hot Springs, VA May 1991 Lecturer: The Spring Professional Conference

"Nasal Specific Technique: an Introduction" Olivehain, CA March 1992

Lecturer: American Association of Naturopathic Physicians Convention

"Use of Traction during Cervical Manipulation Techniques" Tempe, AZ Sept. 1992

Served as a Naturopath at Comprehensive Medical Center- Encinatas, CA 1993-1995

Co-Host for radio program "Health Talk"- Southern CA 1993-1994

Interview with Sam Biser "The Last Chance Health Newsletter"

Topic: "Endocranial Manipulation" April 1994

Private therapy sessions with patients around the US and Australia in Endocranial Manipulation 1994-1995.

Developed and trademarked NeuroCranial Restructuring, October 1995. Patent pending.

Conducted private tutoring for doctors—NeuroCranial Restructuring 1995-1996
Private therapy sessions with patients around the US in NeuroCranial Restructuring 1995-1996

Interview with Sam Biser "The Last Chance Health Newsletter"

Topic: "NeuroCranial Restructuring" January 1996

Topic: "NeuroCranial Restructuring" November 1996

Taught professional courses in NeuroCranial Restructuring- Everett, WA 1996-1999

Private practice in Everett, WA specializing in NeuroCranial Restructuring 1995-1999 Founded the Naturopathic Dispensary 1997

Host and Featured speaker, NeuroCranial Restructuring Doctors' Association Convention, Las Vegas, NV, November 1997

1996 Release of first edition of book: <u>NeuroCranial Restructuring: Release Your Structural</u> Power.

Lecturer at Bastyr University- Seattle, WA "NeuroCranial Restructuring" March 1998

Host for radio show "The NCR Power Hour" for Radio Station KLAY- Tacoma, WA 1998 Host and Featured speaker, NeuroCranial Restructuring Doctors' Association Convention, Everett, WA June 1998

1997 Release of second edition of book: <u>NeuroCranial Restructuring: Release Your</u> Structural Power.

Private treatment sessions, Provence (France), Paris, (France) and Munich, (Germany), March, 1999

Host and Featured speaker, NeuroCranial Restructuring Doctors' Association Convention, Everett, Washington, June 1999

Private practice in Bellevue, WA and Tonasket, WA specializing in NeuroCranial Restructuring 1999-2001

1999 Release of third edition of book: <u>NeuroCranial Restructuring</u>: <u>Release Your Structural Power.</u>

Taught basic-level professional courses in NeuroCranial Restructuring- Bellevue, WA, June 1999, October 1999

Taught basic-level professional courses in NeuroCranial Restructuring- Tonasket, WA May, 2000 and October 2000

Host and Featured speaker, NeuroCranial Restructuring Doctors' Association Convention, Bellevue, WA, June 2000

Featured speaker, Sacral-Occipital Technique Organization Convention, Chicago, Illinois, August 2000

Taught NeuroCranial Restructuring Continuing Education Class, September 2000, Tonasket, WA

Host and Featured speaker, NeuroCranial Restructuring Doctors' Association Convention, Tonasket, WA, May 2001

Taught basic-level professional courses in NeuroCranial Restructuring- Tonasket, WA May, 2001 and October 2001

Became Administrator of NCR-01, October 2001.

Travel, lectures, treatment and patient education around the US for NCR-01, 2001-2002 Featured speaker, NeuroCranial Restructuring Doctors' Association Convention, San Antonio, Texas, June 2002

Taught basic-level professional courses in NeuroCranial Restructuring- Tonasket, WA May, 2002 and September 2002

Continued private practice in Washington State at clinics in Tonasket, Chelan and Bellevue, Washington 2001-2002.

Travel, lectures and patient education around the US for NCR-01, 2003.

Continued private practice in Washington State at clinics in Tonasket, Chelan, Wenatchee and Bellevue, Washington 2003

Guest on Radio Show, "Book Talk", www.advice.com, May 2003.

Host and Featured speaker, NCR-01 NeuroCranial Restructuring Continuing Education Class, Las Vegas, Nevada, June 2003

Founding Board Member, The NeuroCranial Restructuring Research Institute, June 2003 Taught basic-level professional courses in NeuroCranial Restructuring- Tonasket, WA May, 2003 and August 2003

Host and Featured speaker, NCR-01 NeuroCranial Restructuring Continuing Education Class, Scottsdale, Arizona, June 2004

Private practice, Bellevue, Washington, 2003-2005

Taught basic-level professional courses in NeuroCranial Restructuring- Bellevue, WA May, 2004 and August 2004

Host and Featured speaker, NCR-01 NeuroCranial Restructuring Continuing Education Class, Scottsdale, Arizona, June 2005

Taught basic-level professional courses in NeuroCranial Restructuring- Marysville, WA October, 2005

Taught basic-level professional courses in NeuroCranial Restructuring- Bellevue, WA May, 2006 and Los Angeles, July 2006

Host and Featured speaker, NCR-01 NeuroCranial Restructuring Continuing Education Class, Scottsdale, Arizona, June 2007

Private practice, Bellevue, Washington, 2006-2008 monthly before 2008, now bi-monthly Private practice, West Los Angeles, CA 2006-2008 monthly

Private practice, New York, NY, 2001-2008 bi-monthly or more often

Private practice, Boulder, CO 2003-2008 3 times annually

Taught basic-level professional courses in NeuroCranial Restructuring- Los Angeles, CA, WA September, 2007

Taught basic-level professional courses in NeuroCranial Restructuring- Sydney, Australia, February, 2008

International private practice, Caracas, Venezuela, 2005-2008 3 times annually

International private practice Australia, May 2007 and March 2008

Private practice, Hollywood, CA 2008-9 monthly or semi-monthly

International private practice, Zurich, Switzerland, July 2008

International private practice, London, England, UK four times annually

Taught basic-level professional courses in NeuroCranial Restructuring- London, July 2008

Taught basic-level professional courses in NeuroCranial Restructuring- Hollywood, CA, August, 2008

Continued US and international practice 2009: Los Angeles, Seattle, New York City, London, Caracas, Pakistan, Denver

Continuing Education for NCR doctors: June 2009, Puerto Vallarta, Mexico.

Basic-level professional courses 2009: Tonasket, WA: August and October.

Continued US and international practice 2010: Bellevue, WA, Carlsbad, CA, Hollywood, CA, London, UK, New York, NY.

Joined HealthWalk, Carlsbad, CA, July 2010.

Informal Study on PTSD with US Marine Corp. Soldiers from Camp Pendleton, Oceanside, CA. Treatments performed in Carlsbad, CA. 6 soldiers were treated. 100% treatment success with the PTSD and TBI. USMC cancelled the study and kept the records. March and April, 2011.

Private practice in Carlsbad, Santa Monica, then San Diego, then Carlsbad (2010-2015). Private practice in London (2008-2010), Dublin (2011-2014), Zurich (2014-2019). Private practice Manhattan, NY (2008-2019), Brooklyn, NY (2013-2019), Lake Como, NJ (2018-2019), Miami (2015-2019), Denver/Boulder (2008-2019). Seattle (2008-2019).

Taught professional level, basic classes in NeuroCranial Restructuring in San Diego (October 2013) and Gardena, CA (February 2016).